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| Name: SMT.SHWETHA | Reg No: 06-12SMHC18 |
| Age / Sex: 38/F | Contact No:9901942042 |
| Marital Status: ML- 13 YRS | Date:12/12/18 |
| Occupation:TECHNICAL LEAD IT. DIPLOMA ENG. | Dr. PNB |
| Address:  NATIVE OF CHITRADURGA DT.  IN BLORE SINCE 10 YEARS. | DIAGNOSIS- |

1. HAD HERPES FROM RT. HIPS TO RT. LEG FROM 2 YEARS BACK. THEN AFTER 6 MONTHS LEG PAIN STARTED. LATER DEVELOPED ITCHING AND SENSITIVENESS OF THE GENITALS. EVEN MILD RUBBING BLEEDS.

* HOT WATER TILL 4-5 HOURS FEELS BETTER. SCALDING.
* WHEN ITCHING IS THERE GETS VERY VERY ANGRY. EVEN IF THEY TALK NICELY ALSO GETS VERY MUCH IRRITATED.

1. FEELING LAZY AND LIL EXERTION FEEL TIRED. FEELS HUNGRY EATS LIL FEELS FULL.
2. SPOTS ON THE HAND EVEN MOSQUITO BITES LEADS TO MARKS ON THE SKIN.
3. SKIN DRYNESS SINCE THIS PROBLEM.
4. WEIGHT LOSS.
5. HAIRFALL USE TO HAVE THICK HAIR AND LONG. BEFORE. NOW VERY LESS.

* NOT HAVING INTERES T TO EAT ANYTHING.
* GETTING ANGRY EASILY.

1. IN AC ENVIRONMENT GETS NOSE BLOCK AND FEVERISH FEELING.

* COULDN’T TAKE THE PAIN. TEARS IN EYES. AFRAID THT ANY ERUPTION ON SKIN MIGHT BE THAT ONLY.

P/H:

1. 4TH STD – APPENDICITIS OP.
2. 14 YEARS OF AGE HEAVY BLEEDING 15-20 DAYS AND CYCLE WAS 15 DAYS FR ALMOST 7 MONTHS .. TOOK ALLO RX.
3. TYPHOID – 16 YEARS.

F/H:

* DAD:CA OF JAW. DIED AT THE AGE OF 53 YRS. PT WAS IN 8TH SSTD THEN. VERY MUCH ATTACHED TO HIM.
* MOM: BP, ANGIOGRAM, DM
* 5 SISTERS AND PT IS YOUNGEST.
* ELDER SIS: THYROID DYSFUNCTION AND VARICOSE VEINS.
* 2ND SIS: BREATHING ISSUES
* 3RDSIS: OBESE.
* OVERALL FAMILY HAD RECC TONSILLITIS.

PERS/H:

* MIXED DIET. TILL THE AGE OF 28 YEARS NEVER TOUCHED EGG OR NON VEG. EVEN IF MOM EATS NON VEG AND FEED BREAST FEEDING TO HER SHE WOULD VOMIT. AFTER MARRIAGE WITH HUSBANDS FORCE EATS OCASSIONALLY.
* TIMELY FOOD.
* CHAPATHI WITH BENDAKAYA CURRY LIKES IT VERY MUCH. SWEETS LIKES MORE.
* LIKES NORMAL ROOM TEMP DRINKS.
* DOESN’T SWEAT AT ALL.
* FOR FAN FEELS HER HEAD IS ALL HEAVY EVEN IN SUMMER.
* FOR SUN GETS FACE ALL ITCHY AND RASHES.
* FEELS VERY COLD. WHILE OTHERS SAY ITS NOT SO COLD.
* TOWARDS CHILLY.
* SLEEP: BEFORE HOMOEO VERY DISTURBED SLEEP. IF WAKES BY 2 AM WILL NOT GET SLEEP TILL 5 ALSO. AFTER HOMOEO BETTER.
* DOESN’T DREAM.
* SLEEPS MORE ON RIGHT SIDE, EMBRYO POSITION.
* NIGHT DOESN’T PREFER TO GO OUT.
* LIKES ONLY CLOSED FAMILY MEMBERS TOO MANY PEOPLE FEELS IRRITATED.
* AFTER DAD FEELS MORE CLOSE TO ELDER SIS.
* FEELS AFRAID IN VEHICLES THO SHE GOES BY BIKE. GOES VERY SLOW. MAY FALL DOWN.
* USES LOT OF GESTURES AND EXPRESSIONS WHILE NARRATING. SMILES.
* NOT GAINING WEIGHT EVEN IF EATS WELL.
* OTHERS ASKING HER WHY SHE LOST WEIGHT MAKES HER FEEL BAD. Y AM I LOOSING WEIGHT EVEN THO M EATING.
* NO LIKING HOTEL FOOD NOW WHERE AS BEFORE USE TO LIKE IT A LOT.
* MOST HAPPIEST MOMENT: MANY ACTUALLY. BUT IM TO MIND GOT SONS BIRTH AND 1ST BIRTHDAY.
* MOST SADDEST MOMENT: DADS DEATH.
* WILL NOT GO TO OTHERS BATHROOMS.

CHILDHOOD:

* USE TO ENJOY BOTH STUDIES AND ALWAYS PLAYING BEING TOGETHER WITH FRNS AND KIDS. VERY PAMPERED AND NAUGHTY THEN.
* AFTER DADS DEATH MOM GOT STRICT SINE ALL ARE GIRLS.
* HAS 2 CLOSE FRNS TILL 10TH STD. AND EVEN NOW YEARLY ONCE MEETS.

AT WORK:

* GOOD, GOT EASY PROMOTIONS ALSO.
* HER PERSONAL FEELING IF ANYONE POINTS OUT WILL FEEL BAD. M RIGHT NO SO Y R THEY POINTING OUT. EASILY GETS HURTS IF ANYONE SCOLDS HER.
* LIKES CRAFTWORKS AND HANDWORK.
* LIKES THINGS TO BE ORGANISED.

CHANGES AFTER HOMOEO:

* BETTER A LITTLE BIT WITH GENITAL ITCHING.

RX:

1. CARC1M – 1 DOSE STAT.
2. SIL 6 X 4-4-4-4
3. CF 6X 4-4-4-4
4. ALFALFA AVENA IODUM Q- 15-15-15 DROPS
5. RUB 15 – 1 DOSE NIGHT B/FOOD.

TAKE 750/-

29/12/18: MUCH BETTER. 80% BUT DURING HER PERIODS FIRST 2 DAYS IS INTENSE PAIN. NO COUGH AND HEADACHE. LEG PAIN AT TIMES NOT THER BUT WHEN THER IT IS INTENSE AS BEFORE. GENITAL ITHING ALSO MORE ONLY DUIRNG PERIODS OTHER TIMES NOT THERE AT ALL.

WT: 45.6 KG.

RX:

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2. SIL 6 X 4-4-4-4
3. CF 6X 4-4-4-4
4. ALFALFA AVENA IODUM Q- 15-15-15 DROPS
5. RUB 15 – 1 DOSE NIGHT B/FOOD.

19/1/19: lmp: 28/12/18. Frm festival feeling itching again. No pain. face also feels like some layer its coming. Burning if cutting onions and all even on feet. If eats little feels full. Feels cramps in the legs calf muscles.

Rx:

1. Nat mur 12x 4-4-4-4
2. Rub 15 – 1 tab night before food
3. Five phos 4-4-4-4.
4. Sulphur 200 – 1 dose stat.

23/2/19: legs calf pain more. Tiredness. Had niece marriage. Feeling thirsty a lot. How much she drinks also feeling thirsty.itching controlled. Only during menses its there. Lmp: 24/1/19;23/2/19. Skin peeling on the part seated. Specially during periods it is more. Thighs burning sensation. Unable to tolerate fan. Eyes burning and itching under fan air. Lazy feeling. Mouth ulcers summer.

Rx:

1. Psorinum 1m – 1 dose stat.
2. Ars 1m – 4-4-4
3. Bryonia 1m – 4-4-4
4. Mag phos 30x 4-4-4-4. 2 bottles.
5. Gineng Q- 15-15-15 drops a/food water.

6/8/19: tiredness. Exertional dyspnea.

Rx:

Lobelia 200 4-4-4-4

Spongia 200 4-4-4-4

Iodum 200 4-4-4-4

Syphilinum 200 – daily mng food – 5 doses .

Alfalfa/ginseng/avena- 15-0-15

Iberis q – 15-15-15 a/food.